

## Course Syllabus

### **Antenatal Health Care and Public Health, Clinical Practice 13.5 Credits\*, Second Cycle Level 1**

#### **Learning Outcomes**

The overall goal is that students, with a highly systematic and critical approach, will deepen and integrate their knowledge in sexual, reproductive and perinatal health from the perspective of midwife profession, research and practical action and activity during pregnancy monitoring, contraceptive counseling, and preventive health work within the midwife's responsibility.

After completing the course students should on a deeper level be able to

- critically reflect on the concepts, theories and perspectives to promote good health care in maternal health, with a focus on health promotion and preventive care,
- in dialogue with the woman and relatives independently handle and monitor normal pregnancy, as well as documenting affectionate care in accordance with applicable regulations,
- identify deviations from normal pregnancy and identify specific needs for care and support,
- assess the need for information and parenting support, and educate and inform about parental preparation including breastfeeding, both to individuals and groups,
- independently carry out subsequent verification after childbirth and the ability to identify and nurture women and families in crisis situations,
- independently handle contraceptive counseling and information on appropriate methods of contraception in accordance with current legislation, recommendations and guidelines and impose or apply appropriate methodology to dialogue with the woman, and document care in accordance with applicable regulations,
- assess needs and provide information in connection with involuntary pregnancy, gynecological infections, and perform gynecological examination and sampling,
- identify, and in dialogue discuss, solutions based on youth and women's individual needs where cultural, environmental and psychosocial perspectives are taken into account,
- identify health problems or risk behavior, inform and propose healthy lifestyle changes,

- actively initiate and create good care of high hygienic standards,
- critically analyze, evaluate, propose and follow up care actions and treatment of pregnancy monitoring, contraceptive counseling and midwifery's preventive public health work where cultural, environmental and psychosocial perspectives are taken into account,
- systematically manage, prioritize, allocate and coordinate care work based on the woman's and closely related's needs, as well as professionally collaborate in the care process within and between professional groups, businesses and health care providers,
- demonstrate self in thought and action, and reflect on personal professional development of midwives, including own need for further knowledge.

### **Course Content**

The course includes independent application and integration of clinical and theoretical knowledge related to all phases of caring, under the mentoring of a professional supervisor. The course emphasizes the ability to identify and prevent illness, promote health and well-being in dialogue with the woman and relatives during pregnancy and after childbirth. It also includes identifying the need for additional support and information where cultural, environmental and psychosocial aspects are considered. Further, pedagogy concerning information and parenting support is studied to both individuals and groups, also including sexuality throughout the lifecycle. The course also covers advice on contraception and family planning, with emphasis on prescribing medications and applying contraception based on individual needs, requirements and recommendations. Also included is the ability to master proper practical hand grips, assessment methods, medical technical management, and to make observations and assessments of normal and abnormal health conditions and to report and propose appropriate measures, health care interventions and treatments based on research based knowledge. Health promotion and illness prevention, identifying risks to health and risk behaviors, and to propose interventions in dialogue with patients of different ages is also discussed in the course. The course also emphasizes managerial, organizational and collaborative capability in the midwife's work and documentation is trained in accordance with laws and regulations.

### **Assessment**

The course is examined through continuous assessment of student performance in clinical education as well as an individual examination of contraception and a seminar where a written assignment is discussed.

### **Forms of Study**

The teaching methods consist of a clinical placement in maternity care, individual work, group work, lectures, seminars and clinical skill exercises.

### **Grades**

The Swedish grades U–G.

Score is reported as:

Clinical education, 12 credits.

Individual exam, 1 credits.

Seminar, 0.5 credits.

### **Prerequisites**

Care in childbirth I, clinical practice, 9 credits and Gynecological and postpartum care, clinical practice, 9 credits

### **Other Information**

If a student does not achieve the learning objectives of the clinical courses / course element within the regular timeframe, the examiner may decide to extend the internship period by two weeks. This can be done provided that the examiner determines that the student through the extension of time has the opportunity to achieve the learning outcomes and provided that the extension time is practically feasible. At the end of the extension time, a new assessment of student performance is conducted. If the student has still not achieved the learning outcomes, the score of U will be set, which means that the placement can only be reexamined by redoing a full clinical placement period. Students have the right to carry a total of three clinical periods. The possibility of extended time only applies to regular placement periods. The regular time count as one (1) period, although the extension of two weeks occurred.

Students can be failed prematurely during a clinical course / course element, if the student exhibits deficiencies in knowledge, skills and/or attitudes that is posing a significant risk for physical or mental harm to other persons. The student must then suspend their clinical training and gets the grade U on the course/course element. The decision of premature rejection is taken by the examiner after consultation with the clinical supervisor and clinical teacher or equivalent. In connection with such a decision, an individual development plan for the student shall be prepared by the examiner after consultation with the student as well as program and course coordinator in the institution. The development plan shall specify the knowledge, skills and attitudes the student needs to acquire for receiving permission to resume the clinical studies. The development plan shall also include a specified time for assessment of the needed competence requested. If the student at that time is not deemed to have acquired the necessary knowledge, skills and attitudes a new time for a new evaluation should be decided. The same rules apply as above regarding the number of periods.

### **Subject:**

Sexual, Reproductive and Perinatal Health

**Group of Subjects:**

Nursing Science

**Disciplinary Domain:**

Health Science, 75%

Medicine, 25%

**This course can be included in the following main field(s) of study:**

1. Sexual, Reproductive and Perinatal Health

**Progression Indicator within (each) main field of study:**

1. A1F

**Approved:**

Approved 12 October 2016

Valid from 16 January 2017

**Revised:**

Revised, 10 January 2018

Revision is valid from 10 January 2018