

## Course Syllabus

### Sexual and Reproductive Health 9 Credits\*, Second Cycle Level

1

#### Learning Outcomes

The overall goal is that the student will deepen the knowledge in sexual and reproductive health as a human right in relation to different perspectives. In addition to develop knowledge in reproductive endocrinology, fetal development, sexology, gynecological conditions, diseases and treatments based on the midwifery profession and professional liability.

After completing the course the student should be able to

- describe and analyze women's sexual and reproductive health as a human right in relation to culture, gender and biopsychosocial and sustainability perspectives,
- problematize care activities, with a focus on health promotion, related to sexually transmitted diseases in the light of current legislation and risks of infection and development of resistance,
- analyze the importance of health promotion during the reproductive life cycle phases in relation to gender, sexuality and relationships based on historical, religious, cultural, ethical and psychosocial perspectives,
- identify problem areas and formulate relevant questions related to pregnancy, legal or spontaneous termination of pregnancy, sterilization and infertility based on historical, religious, cultural, ethical and psychosocial perspectives on sexuality and relationships,
- describe the reproductive organs anatomy and physiology in relation to adjacent organ systems, reproductive endocrinology, breast anatomy and physiology as well as women's and men's sexual physiology,
- explain how pregnancy and infertility are determined clinically and how spontaneous and provoked abortion and sterilization can be carried out,
- describe the function of the placenta, embryo growth and development of the fetus,
- describe benign and malignant gynecological changes, assess and evaluate health status and plan nursing care, and reflect the impact on sexuality in a life cycle perspective associated with these conditions.

#### Course Content

The course focuses on sexual and reproductive health as a human right in relation to

culture, gender and biopsychosocial-, cultural- and sustainability perspectives. Further, studies in embryology, sexology, gynecological conditions, diseases and treatments based on the midwifery profession and professional liability is studied.

**Assessment**

The course includes a written exam and a seminar with a written assignment.

**Forms of Study**

The working methods consist of individual work, work in tutorial groups, lectures and seminars.

**Grades**

The Swedish grades U–G.

Rating is reported as:

Individual exam, 4.5 credits. U - G

Seminar, 3 credits. U - G

**Prerequisites**

A Swedish nursing licence, and a completed Bachelor's degree in any major in the health sciences and Thesis 15 credits

**Other Information**

The course can only be studied by students admitted to the Midwifery program, 90 credits, at Dalarna University.

**Subject:**

Sexual, Reproductive and Perinatal Health

**Group of Subjects:**

Nursing Science

**Disciplinary Domain:**

Health Science, 25%

Medicine, 75%

**This course can be included in the following main field(s) of study:**

1. Sexual, Reproductive and Perinatal Health

**Progression Indicator within (each) main field of study:**

1. A1N



D.no: HDa 5.2.2-2016/1156  
Page 3(3)  
SR3009

**Approved:**

Approved 12 October 2016  
Valid from 16 January 2017

**Revised:**

Revised, 5 October 2017  
Revision is valid from 5 October 2017