

## Course Syllabus

### **Physical Education And Health I For Teacher Students 30 Credits, First Cycle**

#### **Learning Outcomes**

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##### Modules

1. Introduction to Sport and Health Science 3.5 Credits
2. Outdoor education with a didactical perspective 1 3 Credits
3. Humanbiology with a didactical perspective 7.5 Credits
4. Movement education with didactical perspective 9 Credits
5. Sport in Society 5 Credits
6. Outdoor education with a didactical perspective 2 2 Credits

#### **Course Content**

##### Modules

1. Introduction to Sport and Health Science 3.5 Credits
2. Outdoor education with a didactical perspective 1 3 Credits
3. Humanbiology with a didactical perspective 7.5 Credits
4. Movement education with didactical perspective 9 Credits
5. Sport in Society 5 Credits
6. Outdoor education with a didactical perspective 2 2 Credits

#### **Assessment**

##### **Grades**

The grading scale used for the final course grade is U–VG.

Grades are reported as follows:

- Part 1. Introduction to Sport and Health Sciences - 3.5 Credits | U–VG
- Part 2. Outdoor Education With a Didactical Perspective - 3 Credits | U–VG
- Part 3. Human Biology With a Didactic Perspective - 7.5 Credits | U–VG
- Part 4. Movement With a Didactical Perspective - 9 Credits | U–VG
- Part 5. Sport as a Social Phenomenon - 5 Credits | U–VG
- Part 6. Outdoor Education With Didactic Perspective 2 - 2 Credits | U–VG

**Prerequisites**

General entry requirements and English 6, Physical Education 1, Mathematics 2a or 2b or 2c, Natural Sciences 2, Social Sciences 1b or 1a1+1a2

**Other Information**

This course cannot be counted towards the same degree along with courses that have equivalent content.

If the student has received a decision/recommendation granting study support from Dalarna University because of a disability, then the examiner has the right to offer an alternative examination arrangement. The examiner takes into account the objectives in the course syllabus when deciding whether the examination can be adapted in accordance with the decision/recommendation.

**Subject:**

Sport and Health Science

**This course can be included in the following main field(s) of study:**

1. No main field of study

**Progression Indicator:**

1. GXX

**Approved:**

Approved 14 November 2022

Valid from 14 November 2022