

## Course Syllabus

### **Physical Education and Health I for Teacher Students 30 Credits\*, First Cycle**

#### **Learning Outcomes**

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##### Modules

1. Introduction to Sport and Health Science, 3.5 Higher Education Credits
2. Outdoor education with a didactical perspective 1, 3 Higher Education Credits
3. Humanbiology with a didactical perspective, 7.5 Higher Education Credits
4. Movement education with didactical perspective, 9 Higher Education Credits
5. Sport in Society, 5 Higher Education Credits
6. Outdoor education with a didactical perspective 2, 2 Higher Education Credits

#### **Course Content**

##### Modules

1. Introduction to Sport and Health Science, 3.5 Higher Education Credits
2. Outdoor education with a didactical perspective 1, 3 Higher Education Credits
3. Humanbiology with a didactical perspective, 7.5 Higher Education Credits
4. Movement education with didactical perspective, 9 Higher Education Credits
5. Sport in Society, 5 Higher Education Credits
6. Outdoor education with a didactical perspective 2, 2 Higher Education Credits

#### **Assessment**

#### **Forms of Study**

#### **Grades**

The Swedish grades U–VG.

#### **Prerequisites**

General entry requirements and English 6, Physical Education 1, Mathematics 2a or 2b or 2c, Natural Sciences 2, Social Sciences 1b or 1a1+1a2



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**Subject:**

Sport and Health Science

**Group of Subjects:**

Sport Science

**Disciplinary Domain:**

Physic Education, 100%

**Progression Indicator:**

G1N

**Approved:**

Approved 14 February 2020

Valid from 31 August 2020

**Revised:**

Revised, 20 May 2020

Revision is valid from 20 May 2020