

## Course Syllabus

### **Pregnancy, Childbirth and Postpartum Care I 7.5 Credits\*, Second Cycle**

#### **Learning Outcomes**

The overall aim of the course is for the student to understand the procedures and processes of uncomplicated pregnancy, childbirth and postpartum care. The student shall be able to conduct examinations and provide treatments related to these processes in simulation-based training based on research and the midwifery scope of practice.

Upon completion of the course, students will be able to:

- demonstrate an understanding of how psychosocial aspects, attachment and bonding, breastfeeding and lactation may be affected by uncomplicated and complicated processes during pregnancy, childbirth and the postpartum period
- problematize and reflect on the roles and needs of the woman, newborn, relatives and others who are closely involved in terms of lactation and breastfeeding difficulties related to midwifery scope of practice
- perform examinations and treatment in uncomplicated pregnancy, childbirth and the postpartum period in simulation-based training
- explain and reflect on health concepts regarding uncomplicated pregnancy, childbirth and postpartum period including neonatal care
- analyze and reflect on management related to pregnancy, childbirth, and postpartum care within the midwifery scope of practice
- critically reflect on governance, legislation, regulations and ethics in the midwifery profession
- understand and explain how pharmacological treatments and other interventions can influence pregnancy, childbirth and the postpartum period
- critically reflect on different forms of pain relief treatment in pregnancy, childbirth and the postpartum period.

#### **Course Content**

The course comprises reflection, discussion and problematizing of normal processes in handling uncomplicated pregnancy, delivery and postpartum care. Further studies include diagnosing and treating breast feeding and breastfeeding complications.

**Assessment**

Examinations are written home exam, seminars with reports and clinical simulation based training.

**Forms of Study**

Individual work, group work, lectures, mandatory seminars and simulation based training.

**Grades**

The Swedish grades U–G.

Number of credits

- Individual written take-home examination, 3.5 credits
- Seminar, 2 credits
- Simulation based training, 2 credits

**Prerequisites**

A Swedish nursing licence, and a completed Bachelor's degree in any major in the health sciences and Thesis 15 credits

**Other Information**

Part of Postgraduate Programme in Midwifery 90 Credits. The course corresponds partially with SR3010.

**Subject:**

Sexual, Reproductive and Perinatal Health

**Group of Subjects:**

Nursing Science

**Disciplinary Domain:**

Health Science, 75%

Medicine, 25%

**This course can be included in the following main field(s) of study:**

1. Sexual, Reproductive and Perinatal Health

**Progression Indicator within (each) main field of study:**

1. A1N



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**Approved:**

Approved 29 April 2020

Valid from 31 August 2020